

**TRANSITIONAL CURRICULUM FOR BAMS 1<sup>ST</sup> PROFESSION**

**2023-24**

**(05.12.2023 to 18.12.2023)**

**A REPORT**



**SHRI BABA MAST NATH AYURVEDIC COLLEGE & HOSPITAL**

**ASTHAL BOHAR, ROHTAK 124021**

# Schedule of Transitional Curriculum for First Professional BAMS

Days & Date	Timing	Transitional Curricular activities	Faculty name
<b>Day 1 (05.12.2023)</b>	9 am -10 am	An introduction to the various medical systems	Dr Nitin
	10 am -11 am	An overview of the BAMS curriculum and the subjects, including highlights of the minimum standards of the education	Dr. Rahul
	11am-12 pm	<b>Know your campus</b> -Institutional officials and their roles in the hierarchy -Rules and regulations of the campus, code of conduct, dress code	Dr Puneet Sharma
	12 pm -1 pm	Pre-Test	Dr Deepti, Dr Rakesh
	1 pm -2 pm	<b>LUNCH</b>	
	2pm-4pm	Interaction with final year students	Dr. Anita, Dr Berkha, Dr Preeti
<b>Day 2 (06.12.2023)</b>	9 am -10 am	<i>Vadatu Sanskritam</i>	Dr. S.C. Gupta
	10 am -11am	ASUS medical system and their role in primary health care and public health and disease prevention	Dr Umanka
	11am-12 pm	Team building activities	Dr. Puneet Sharma
	12 pm -1pm	Computer Basics, MS office etc.	Dr. Devender vashishtha/ Dr Reena
	1 pm -2 pm	<b>LUNCH</b>	
	2pm-4pm	-Interaction with 3rd year students	Dr. Amit, Dr. Sonam, Dr. Rakesh
<b>Day 3 (07.12.2023)</b>	9 am -10 am	<i>Vadatu Sanskritam</i>	Dr. S.C. Gupta
	10 am -11 am	Ayurveda's National and International reach, Higher education, job opportunity, entrepreneurship	Dr. Pooja Rohilla
	11 am – 12 noon	-Orientation of regulatory/ Governing Bodies (AYUSH Ministry, NCISM, affiliated national and state authorities) and their heads	Dr. Deepti
	12 pm -1 pm	Computer skills-, creation of email ID, e mail correspondence, internet browsing etc.	Dr. Devender vashishtha/ Dr Reena
	1 pm -2 pm	<b>LUNCH</b>	
	2pm-4pm	-Interaction with 2nd year students	Dr. Austluxmi, Dr. Rakesh, Dr. Deepti

<b>Day 4 (08.12.2023)</b>	9 am -10 am	<i>Vadatu Sanskritam</i>	Dr. S.C. Gupta
	10 am -11 am	Basic Life support and First aid	Dr. Berkha
	11am-12 pm	Motivational Speech on orientation of learning skills	Dr. BM Yadav
	12 pm -1 pm	Computer skills- Safety Apps installation :122 India, Mysafetipin, Citizen COP, Himmat, Shake2safety, Raksha, Smart 24x7	Dr. Devender vashishtha/ Dr Reena
	1 pm -2 pm	<b>LUNCH</b>	
	2pm - 4pm	Interaction with old 1 <sup>st</sup> year	Dr. Amrit, Dr. Preeti, Dr. Rakesh
<b>Day 5 (09.12.2023)</b>	9 am -10 am	<i>Vadatu Sanskritam</i>	Dr. S.C. Gupta
	10 am -11 am	Stress management, including yoga and meditation, relaxation techniques	Dr Gourav Dalal
	11am-12 pm	How to set goals	Dr. Sangeeta
	12 pm -1 pm	-Personality Development and Recreation (Communication skills, critical thinking, self-confidence personal growth etc.,	Dr. Nisha
	1 pm -2 pm	<b>LUNCH</b>	
	2pm- 3pm	Gender Sensitization	Dr. Preeti
	3pm-4 pm	Demonstration procedures, Library Related Etc –	Renu
<b>Day 6 (11.12.2023)</b>	9 am -10 am	<i>Vadatu Sanskritam</i>	Dr. S.C. Gupta
	10 am -11 am	Motivational Speech on orientation of learning skills in Ayurveda	Dr. Pankaj Rai
	11am-12 pm	Motivational lecture by Vaidya	Dr. A P Nayak
	12 pm -1 pm	Health awareness, fitness and Hygiene	Dr. Sonam
	1 pm -2 pm	<b>LUNCH</b>	
	2pm- 4pm	Visit to the computer lab	Dr. Devender vashishtha/ Dr Reena
<b>Day 7 (12.12.2023)</b>	9 am -10 am	<i>Vadatu Sanskritam</i>	Dr. S.C. Gupta
	10 am -11 am	Motivational Speech on Career building	Dr. Navin Kapil (Dean Academic Affairs BMU)

	11am- 1 pm	Campus visit	Departments, Herbal Garden, pharmacy	1-30 students	Dr. Pooja Rohilla, Dr. Nitin Dr. Austluxmi
			Library, Offices, Hospital	31-60 students	Dr. Anita Dr. Amit Dr. Rahul
	1 pm -2 pm	LUNCH			
	2pm- 4pm	Recreation activities and talent show (Talented students are identified and recorded)	Dance, singing, poetry	1-30 students	Dr. Nisha Dr. Amrit Dr. Rakesh Dr. Nitin
			Poster making and other activities	31-60 students	Dr. Preeti Dr. Deepti Dr. Rakesh Dr. Nitin
<b>Day 8 (13.12.2023)</b>	9 am -10 am	<i>Vadatu Sanskritam</i>			Dr. SC Gupta
	10 am-11 am	Basic life support training			Dr. Berkha
	11 am -1 pm	Campus visit	Departments Herbal Garden, Pharmacy	31-60 students	Dr. Pooja Rohilla, Dr. Nitin Dr. Austluxmi
			Library, Offices, Hospital	1-30 students	Dr. Anita Dr. Amit Dr. Rahul
	1pm-2pm	LUNCH			
	2pm- 4pm	Recreation activities and talent show (Talented students are identified and recorded)	Dance, singing, poetry	31-60 students	Dr. Nisha Dr. Amrit Dr. Rakesh Dr. Nitin
			Poster making and other activities	1-30 students	Dr. Preeti Dr. Deepti Dr. Rakesh Dr. Nitin
<b>Day 9 (14.12.2023)</b>	9 am -10 am	Lamp lightening, Vandana etc.			Dr. Amrit Dr. Preeti

	10 am -11 am	Post Test and Feed Back (Questionary)	Dr. Deepti Dr. Rakesh
	11am-12 pm	Welcome of Chief guest	Dr. Ajay Dahiya Dr. Neeraj Kumar Khare Dr. Puneet Sharma Dr. Pooja Rohilla Dr. Raj Kailash Dr. Nisha
	12 pm -1 pm	<i>Shishya Upnayan Sanaskar</i>	Dr. S C Gupta Dr. Puneet Sharma
	1 pm -2 pm	<i>Charak Shapath</i>	Dr. Puneet Sharma
	2pm-4pm	Appreciation to the winners	Dr. Amit Yadav Dr. Nitin Dr. Rahul Dr. Rakesh





# BABA MASTNATH U

Asthal Bohar, Rohtak, NH-10, NC



Chief Guest

Dr. Anjana Rao  
Pro-Chancellor, BMU

## SHRI BABA MASTNATH AYURVEDIC C

# Transitional Cur

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**MINUTE TO MINUTE SCHEDULE**  
**CLOSING CEREMONY OF INDUCTION**  
**PROGRAMME**  
**(TRANSITIONAL CURRICULUM) 18.12.2023**

<b>Timing</b>	<b>Events Name</b>	<b>Co-ordinator</b>
10:00 AM to 11:00 AM	Gathering of students and faculty members	
11:00 AM to 11:10 AM	Welcome of Chief Guest	Dr. Puneet Sharma Dr. Pooja Rohilla Dr. Raj Kailash Dr. Nisha Jaglan
11:10 AM to 11:20 AM	Lamp Lightening	Dr. Preeti Rathee Dr. Umanka Ray
11:20 AM to 11:30 AM	Kulgeet	Dr. Amit Yadav
11:30 AM to 11:35 AM	Dhanwantri Vandana	Dr. Puneet Sharma
11:35 AM to 11:45 AM	Felicitation to the guest	Dr. Austluxmi
11:45 AM to 11:50 AM	Introduction of TC	Dr. Pooja Rohilla
11:50 AM to 12:50 PM	Performance	Dr. Nitin Jain Dr. Preeti Rathee
12:50 PM to 01:00 PM	Charak Shapath	Dr. Puneet Sharma
01:00 PM to 02:00 PM	Shishyounpayan Sanskar	Dr. Nisha Jaglan Dr. Sangeeta Kumari Dr. Preeti Rathee Dr. Rakesh Sharma
02:00 PM to 02:45 PM	Prize Distribution	Dr. Amit Yadav Dr. Nitin Jain Dr. Preeti Rathee
02:45 PM to 02:55 PM	Speech by Vice Chancellor sir	
02:55 PM to 03:05 PM	Speech by Pro Chancellor mam	
03:05 PM to 03:10 PM	Thanks note by Dr. Neeraj Kumar Khare	
03:10 PM to 03:15 PM	National Anthem	